INVITE YOU TO JOIN US FOR A
SEMINAR WITH DR MICHAEL UNGAR
Dalhousie University, Halifax, Canada.

NURTURING THE HIDDEN RESILIENCE OF AT-RISK YOUNG PEOPLE
ACROSS CULTURES AND CONTEXTS

Tuesday 28 October, 2008 | 4.30pm - 6.00pm
Lecture Theatre Rm 215 Old Teachers College
RSVP d.bottrell@edfac.usyd.edu.au

This seminar challenges anyone working with children, youth and families labelled ‘dangerous,’ ‘deviant,’ ‘delinquent’ and ‘disordered’ to better understand problem behaviours. Based on research with high-risk young people around the world, a culturally and contextually sensitive approach to nurturing resilience will be presented. While we commonly think of resilience as an individual’s capacity to overcome great adversity, this seminar focuses on how individuals ‘beat the odds’ and, just as importantly, how social service providers can ‘change the odds’ to make resilience more likely to occur. A strengths-based model of practice will be discussed that can be used in diverse child welfare, mental health, education and correctional settings. Using interactive exercises, and case recordings, Michael will show how this model of practice helps professionals explore the pathways to resilience children and families use to survive and thrive.

MICHAEL UNGAR has worked for over twenty years as a Social Worker and Marriage and Family Therapist with children and families in child welfare, mental health, education and correctional settings. Now a Professor at the School of Social Work, at Dalhousie University, Halifax, Canada, Dr Ungar is an internationally recognised researcher on the subject of resilience, and leads a team that spans eleven countries on five continents. He is also the author of six books for parents, educators and helping professionals.

For details, see http://www.michaelungar.com

In addition to his research and writing interests, Dr. Ungar maintains a small family therapy practice for troubled youth and their families. He also served on the Nova Scotia Association of Social Workers Registration Board from 2002-2006. He lives in Halifax with his partner and their two teenage children.